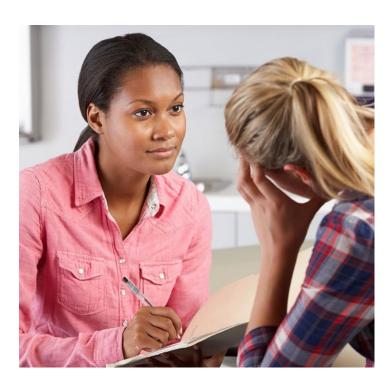
## Nassau Community College

## Make the **smart** choice for your future. **EARN A MENTAL HEALTH FIRST AID CERTIFICATION**



According to the Anxiety and Depression Association of America (ADAA), depression is the leading cause of disability in the United States, affecting more than 16.1 million adults, 18 years or older. Mental Health First Aid (MHFA) training teaches you how to identify signs of mental health distress or substance use issues. It will help you understand people's challenges or crises, and show you how to respond effectively, and provide assistance until professional treatment is obtained.

People who provide Mental Health First Aid want to make their communities healthier, happier and safer for all. The following professionals should consider becoming certified:

- Educators/School Administrators
- Human Resources Professionals
- Members of Faith Communities
- Homeless Shelter Workers
- Nurses/Physician Assistants/Primary Care Workers
- Police/First Responders/Security Personnel
- Mental Health Authorities
- Policymakers
- Substance Abuse Professionals
- Social Workers

## **Course Information**

Students will be taught how to help others with mental health and/or substance abuse emergencies. Those who successfully complete the course will possess the important tools needed to identify and respond to signs of addictions and mental illnesses. They will also be taught a five-step action plan to help people who may be developing a problem or are already in a crisis. Assessing people's risk of harm or suicide, listening nonjudgmentally, giving reassurance and information, encouraging appropriate professional help, and encouraging self-help and other supporting strategies are an essential part of this course.

Each student will receive the course textbook, Mental Health First Aid.

## Certification

Students who successfully complete the course will receive a Mental Health First Aid Certification. This credential will improve a student's ability to provide support to someone experiencing a mental health crisis and increase her/his employability in their field of interest.

**Instructor:** Rachel Priest

**CE1 267 A1 ON-CAMPUS COURSE** Meets: Saturday, May 11, 2024, 8:00am - 4:30pm.

Fee: \$145

Follow us on Instagram and Facebook @nassaucommunitycollege

(Rev. 1/24)



REGISTRATION FORM	
Please answer all questions on this form and send it together with your check, money order, or credit card information to:  CENTER FOR WORKFORCE DEVELOPMENT  Nassau Community College One Education Drive Garden City, New York 11530-6793  Make check payable to: Nassau Community College OR fax the form with credit card information to: 516.828.3507 OR email to CWD@ncc.edu.	HOW DID YOU HEAR ABOUT OUR COURSES?  Brochure/Mail Family/Friend  Website Facebook/Instagram  Email Google  Other:
Last Name	
FirstName	
Address	
City	Zip
Home Phone: ( )	Cell Phone: ( )
*Birthdate: mm/dd/yyyy/_ I identify	my gender as:
Have you ever taken any courses at NCC?  Yes No NCC ID# N00	
*Preferred E-mail:	
*Alternate E-mail:	
CED # SECTION COURSE T	ITLE DAY FEE
	Tabel Assessment C
	Total Amount:   \$
☐ By submitting this registration form, I am accepting the t	erms of the refund policy noted below.
□ I certify that there is sufficient credit amount on the card listed below to cover the fee charges shown on this Registration Form. Otherwise, I understand the lack of approval by my credit card company will result in cancellation of this registration for non-payment.	
CREDIT CARD PAYMENT INSTRUCTIONS:	
☐ I authorize the use of my credit card account for full payment of the amount of my course registration as indicated on this non-credit registration application.	
Credit Card Processing Fee of 2.75% applies ONLY if a student pays online through the NCC portal (i.e., \$100 course will be charged at \$102.75).	
Step 1: Print Cardholder's name	
Step 2: Provide Cardholder's signature:	
Step 3: Card Information:  PLEASE Check ONE: □ VISA □ Mastercard □ Discover □ American Express	
Card Number:	Date of Expiration:/

Non-Credit Refund Policy: Fee is refundable when a course is canceled by the College. For a program or course offered by the Center for Workforce Development (CWD), a refund request must be received in writing at least seven (7) days prior to the start of the course to be honored by CWD. Please be advised that if a refund is due, it will take approximately 2-3 weeks to be processed.