

## Make the **smart** choice for your future. **EARN A MENTAL HEALTH FIRST AID CERTIFICATION**



According to the Anxiety and Depression Association of America (ADAA), depression is the leading cause of disability in the United States, affecting more than 16.1 million adults, 18 years or older. Mental Health First Aid (MHFA) training teaches you how to identify signs of mental health distress or substance use issues. It will help you understand people's challenges or crises, and show you how to respond effectively, and provide assistance until professional treatment is obtained.

**This course is open to anyone 18 years or older.** People who provide Mental Health First Aid want to make their communities healthier, happier and safer for all. The following professionals should consider becoming certified:

- Educators/School Administrators
- Human Resources Professionals
- Members of Faith Communities
- Homeless Shelter Workers
- Nurses/Physician Assistants/Primary Care Workers
- Police/First Responders/Security Personnel
- Mental Health Authorities
- Policymakers
- Substance Abuse Professionals
- Social Workers

### Course Information

Students will be taught how to help others with mental health and/or substance abuse emergencies. Those who successfully complete the course will possess the important tools needed to identify and respond to signs of addictions and mental illnesses. They will also be taught a five-step action plan to help people who may be developing a problem or are already in a crisis. Assessing people's risk of harm or suicide, listening nonjudgmentally, giving reassurance and information, encouraging appropriate professional help, and encouraging self-help and other supporting strategies are an essential part of this course.

Each student will receive the course textbook, *Mental Health First Aid*.

### Certification

Students who successfully complete the course will receive a Mental Health First Aid Certification. This credential will improve a student's ability to provide support to someone experiencing a mental health crisis and increase her/his employability in their field of interest.

#### CE1 267 ON-CAMPUS COURSE

**Fee: \$145**

The current course schedule can be found at [CWD Course Schedule](#).

Online registration is available at <https://workforcedevelopment.ncc.edu/nassau>.

For more information on the Center for Workforce Development, click [NCC Workforce Development](#) or scan the QR code below.



Follow us on Instagram and Facebook @nassaucommunitycollege

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For further information,  
please visit [ncc.edu/workforcedevelopment](http://ncc.edu/workforcedevelopment)

**CENTER FOR WORKFORCE DEVELOPMENT**  
Phone: 516.572.7487 | Email: [cwd@ncc.edu](mailto:cwd@ncc.edu)

# WORKFORCE DEVELOPMENT REGISTRATION FORM

## HOW TO REGISTER FOR WORKFORCE DEVELOPMENT COURSES

### EMAIL-IN

CWD@ncc.edu

### MAIL-IN

Nassau Community College  
Center for Workforce Development  
One Education Drive  
Garden City, NY 11530-6793

### WALK-IN

356 East Road  
(on NCC Campus)

## HOW DID YOU HEAR ABOUT OUR COURSES?

- ☐ Brochure/Mail    ☐ Family/Friend  
☐ Website    ☐ Facebook/Instagram  
☐ Email    ☐ Google  
☐ Other: \_\_\_\_\_

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: (    ) \_\_\_\_\_ \*Cell Phone: (    ) \_\_\_\_\_

\*Birthdate: mm/dd/yyyy \_\_\_\_/\_\_\_\_/\_\_\_\_ I identify my gender as: \_\_\_\_\_

Have you ever taken any courses at NCC? ☐ Yes ☐ No    NCC ID# N00 \_\_\_\_\_

\*Preferred E-mail: \_\_\_\_\_

Alternate E-mail: \_\_\_\_\_

\*required information

## COURSE SELECTION

**YOU MUST BE 18 OR OLDER TO REGISTER FOR MOST CWD COURSES. EMAIL CWD@ncc.edu FOR EXCEPTIONS.**

CED #	COURSE TITLE	DAY	FEE
Total Amount:			\$

- ☐ By submitting this registration form, I am accepting the terms of the refund policy noted below.
- ☐ I certify that there is sufficient credit amount on the card listed below to cover the fee charges shown on the accompanying Registration Form. Otherwise, I understand the lack of approval by my credit card company will result in cancellation of this registration for non-payment.

## CREDIT CARD PAYMENT INSTRUCTIONS:

- ☐ I authorize the use of my credit card account for full payment of the amount of my course registration as indicated on this non-credit registration application.

**Credit Card Processing Fee of 2.75% applies ONLY if a student pays online through the NCC portal** (i.e., \$100 course will be charged at \$102.75).

**Step 1:** Print Cardholder's name \_\_\_\_\_  
(as it appears on the credit card)

**Step 2:** Provide Cardholder's signature: \_\_\_\_\_

**Step 3:** Card Information:

**PLEASE Check ONE:** ☐ VISA    ☐ Mastercard    ☐ Discover    ☐ American Express

**Card Number:** \_\_\_\_\_ **Date of Expiration:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Non-Credit Refund Policy:** Fee is refundable when a course is canceled by the College. For a program or course offered by the Center for Workforce Development (CWD), a refund request must be received in writing at least seven (7) days prior to the start of the course to be honored by CWD. Please be advised that if a refund is due, it will take approximately 2-3 weeks to be processed.

**SPECIAL NOTE:** Receipt of your registration information ensures a seat in the course(s) you select on a space available basis. **PLEASE REGISTER EARLY!** We will send you a receipt with the course location map and a **parking pass** (for student/visitor parking only) by email. **If you have any questions, call 516.572.7487 or e-mail: cwd@ncc.edu.**