Do you have an interest in helping individuals on their journey of getting healthy? Do you want to assist them in developing and implementing a fitness training regimen that helps them lose weight, get stronger, improve physical performance, and maintain their health? Consider becoming a Certified Personal Trainer.

Certified Personal Trainers can work in gyms, community centers, resorts and cruise ships, client’s homes, nursing homes, etc. According to the Bureau of Labor, “Employment of fitness instructors is projected to grow 10% from 2016 - 2026. As businesses, government, and insurance organizations continue to recognize the benefits of health and fitness programs for their employees, incentives to join gyms or other types of health clubs are expected to increase the need for fitness trainers and instructors.”

COURSE INFORMATION
Offered in partnership with World Instructor Training Schools (W.I.T.S), NCC is offering the nationally recognized fitness career training necessary to become a Certified Personal Trainer. This challenging course is for candidates wanting LIVE instruction with in-depth, hands-on, practical lab to master the essential career skills and knowledge. The course consists of 15 hours of lecture on key topics like biomechanics, exercise physiology, fitness testing, equipment usage, health assessment and 15 hours hands-on practical training labs with role-playing drills on assessing clients, programming, performing proper exercises, presentation skills and more.

Hands-on classes will be offered at a nearby gym facility.

In addition, students have the option to complete a 30-hour internship at no additional cost. To be eligible for the internship students may be required to complete a background check.*

Included in this course is a complete 200-page student workbook, access to online student study tools and test vouchers to take the Certified Personal Trainer exam. Textbook is an additional cost.

CERTIFICATION
This program is accredited by the National Commission for Certifying Agencies (NCCA) and approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) for continuing education. Students can register for the Certified Personal Trainer exams after completing the course and providing proof of a current CPR/AED certification. Once both the written and practical exams are passed, students will attain Level 1 Certified Personal Trainer status and will then be able to complete the employer internship and advance to Level 2 Certified Personal Trainer credential.

CE1 270 C1 Meets: Tuesday and Thursday, 6:00pm—9:00pm for 10 sessions
Starts June 16 - July 16, 2020
National Certification Testing: Tuesday, July 28 and Saturday, August 1, 2020.
Fees: $795

*Applicants may be responsible to complete a background check. Once registered, a student will be provided information on completing the background check. Students are required to pay the cost of the background check. If you have been convicted of a felony, you should contact the Center for Workforce Development prior to registering for this program. A felony conviction may prevent you from participating in a clinical rotation/externship portion of the program. All cases will be reviewed on an individual basis. If it is determined that a student is not eligible to go into a clinical setting, the student may be allowed to continue with only the classroom portion of the program and may not meet requirements to sit for a certifying exam. The refund policy will be adhered to regardless of a student’s eligibility for the clinical rotation/externship of any program.
REGISTRATION FORM

Please answer all questions on this form and send it together with your check, money order, or credit card information to:

OFFICE OF WORKFORCE DEVELOPMENT & LIFELONG LEARNING
Nassau Community College
One Education Drive
Garden City, New York 11530-6793

Make check payable to: Nassau Community College
OR fax the form with credit card information to: 516.828.3507

Last Name ____________________________
Complete First Name ____________________________
Address ____________________________________________
City ____________________________ Zip ____________
Home Phone: ( ) ____________________________
Cell Phone: ( ) ____________________________
Work Phone: ( ) ____________________________

*Birthdate: mm/dd/yyyy __ __/__ __/__ __ __ __ Have you ever taken any courses at NCC? 
(required*)

☐ Yes ☐ No

e-mail: ____________________________ NCC ID #: ____________

COURSE SELECTION

<table>
<thead>
<tr>
<th>CED #</th>
<th>SECTION</th>
<th>COURSE TITLE</th>
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<tr>
<td>1270</td>
<td>C1</td>
<td>Certified Personal Trainer</td>
<td>Tues/Thur</td>
<td>$795</td>
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Total Amount: $795

Non-Credit Refund Policy: The fee is refundable when a course is canceled by the College. The fee is refundable to the student whose written request for withdrawal has been received by the Office of Workforce Development & Lifelong Learning prior to the beginning of the class. A 50% refund of the fee may be made to the student who has applied in writing to the Office of Workforce Development & Lifelong Learning prior to the second session of the class. NO REFUNDS WILL BE MADE AFTER THE SECOND CLASS MEETING. Please be advised that if a refund is due it will take approximately 2-3 weeks to be processed.

CREDIT CARD PAYMENT INSTRUCTIONS:

I authorize the use of my credit card for full payment of the amount of my course registration as indicated on this non-credit registration application.

Students with overdue tuition and fees may be referred to a collection agency and will incur additional liabilities of up to 33% to cover all associated collection cost processes.

Step 1: Print Cardholder’s name
(as it appears on the credit card)

Step 2: Provide Cardholder’s signature:

Step 3: Please read: I certify that there is sufficient credit amount on the card listed below to cover the fee charges shown on the accompanying Registration Form. Otherwise, I understand the lack of approval by my credit card company will result in cancellation of this registration for non-payment.

Step 4: Card Information:

PLEASE Check ONE: ☐ VISA ☐ Mastercard ☐ Discover ☐ American Express

Card Number: ____________________________ Date of Expiration: __ __/__ __/__ __ __