

NEW

CERTIFIED PERSONAL TRAINER (CE1 270 B1)

Offered in partnership with World Instructor Training Schools (W.I.T.S.), this course offers students the nationally recognized fitness career training necessary to become a Certified Personal Trainer. This challenging course is for candidates wanting LIVE instruction with in-depth, hands-on, practical lab to master the essential career skills and knowledge. The course consists of 15 hours of lecture on key topics like biomechanics, exercise physiology, fitness testing, equipment usage, health assessment and 15 hours of hands-on practical training labs with role-playing drills on assessing clients, programming, performing proper exercises, presentation skills and more. In addition, students have the option to complete a 30-hour employer internship at no additional cost. To be eligible for the internship, students may be required to complete a background check.*

Students can register for the Certified Personal Trainer exams after providing proof of a current CPR/AED certification. Once both the written and practical exams are passed, students will attain Level 1 Certified Personal Trainer status and will then be able to complete the employer internship and advance to the Level 2 Certified Personal Trainer credential. Some classes will be offered at a nearby gym facility.

This program is accredited by the National Commission for Certifying Agencies (NCCA) and approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB). For continuing education credits for massage therapists, the American Council on Education (ACE) has recommended three undergraduate academic credits for this course. Included in this course is a complete 200-page student workbook, access to online student study tools and test vouchers to take the Certified Personal Trainer exams. **Textbook is an additional cost. Required textbook is *Fitness Professional's Handbook-7th Edition* with Web Resource ISBN-13: 9781492523376 and is also available in an online version.**

CE1 270 B1 Meets: Tuesday and Thursday, 6:00pm-9:00pm for 10 sessions.

Starts March 12 (National Certification Testing April 23 and 25)

Fee: \$795

REGISTRATION FORM

Please answer all questions on this form and send it together with your check, money order, or credit card information to:

OFFICE OF WORKFORCE DEVELOPMENT & LIFELONG LEARNING

Nassau Community College
One Education Drive
Garden City, New York 11530-6793

Make check payable to: Nassau Community College
OR fax the form with credit card information to:
516.828.3507

YOU MUST BE 18 OR OLDER TO REGISTER WITH THE EXCEPTION OF ALTERNATIVES, HSE, AND SAT PROGRAMS.

HOW DID YOU HEAR ABOUT OUR COURSES?

- | | |
|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> Flyer | <input type="checkbox"/> Social Media |
| <input type="checkbox"/> Website | <input type="checkbox"/> Friend |
| <input type="checkbox"/> Brochure | <input type="checkbox"/> Other |

Last Name _____

Complete First Name _____

Address _____

City _____ Zip _____

Home Phone: () _____

Male

Cell Phone: () _____

Female

Work Phone: () _____

*Birthdate: mm/dd/yyyy ____/____/_____
required

Have you ever taken any courses at NCC?
 Yes
 No

e-mail: _____ NCC ID #: _____

COURSE SELECTION

CED #	SECTION	COURSE TITLE	DAY	FEE
Total Amount :				

Non-Credit Refund Policy: Tuition is refundable when a course is canceled by the College. Tuition is refundable to the student whose written request for withdrawal has been received by the Office of Workforce Development & Lifelong Learning prior to the beginning of the class. A 50% refund of tuition may be made to the student who has applied in writing to the Office of Workforce Development & Lifelong Learning prior to the second session of the class. **NO REFUNDS WILL BE MADE AFTER THE SECOND CLASS MEETING.** Please be advised that if a refund is due it will take approximately 2-3 weeks to be processed.

CREDIT CARD PAYMENT INSTRUCTIONS:

I authorize the use of my credit card for full payment of the amount of my course registration as indicated on this non-credit registration application.

Students with overdue tuition and fees may be referred to a collection agency and will incur additional liabilities of up to 33% to cover all associated collection cost processes.

Step 1: Print Cardholder's name

(as it appears on the credit card) _____

Step 2: Provide Cardholder's signature: _____

Step 3: Please read: I certify that there is sufficient credit amount on the card listed below to cover the fee charges shown on the accompanying Registration Form. Otherwise, I understand the lack of approval by my credit card company will result in cancellation of this registration for non-payment.

Step 4: Card Information:

PLEASE Check ONE: VISA Mastercard Discover American Express

Card Number: _____ **Date of Expiration:** ____/____/____

