



Nassau Community College
 Student Health Office
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Immunization Information

NYS Public Health Law mandates that all incoming students born after December 31, 1956, must be immunized against measles, mumps, and rubella. Students need to present proof of immunizations or laboratory results indicating immunity against measles, mumps, and rubella before registering for their classes. Proof of age must be submitted for those born prior to 1957. All students (regardless of age) must complete the meningitis response (Part 1 of the immunization records).

Meningitis vaccination is not mandated; however, completion of the form is required.

Measles, Mumps, and Rubella Requirements

Public Health Law 2165 requires that students born after December 31, 1956 provide proof of the following immunizations in order to register for classes.

TWO measles vaccines given after 1968; on or after your first birthday; and at least 28 days apart.

ONE mumps vaccine given on or after your first birthday and dated 1968 or later.

ONE rubella vaccine given on or after your first birthday and dated 1969 or later.

or

TWO MMR vaccines given after 1972; on or after your first birthday; and at least 28 days apart.

or

Blood test (MMR titer) showing immunity to measles, mumps, and rubella. Original lab report must be submitted to the Health Service Center.

Records must

- Clearly indicate the type of vaccine, dates of vaccine, and name and address of the doctor or clinic.
- Be stamped and signed by the doctor or clinic.

Acceptable proof of immunity may include (Signed and Stamped):

1. Immunization cards from childhood (yellow card), signed and stamped.
2. Immunization records from college, high school or other schools you attended.
3. Signed and stamped immunization record from your health care provider or clinic.
4. Copy of lab report, (also known as titer or serology), showing immunity to measles, mumps and rubella.

Meningitis Information

Public Health Law 2167 requires all colleges to provide information on meningitis and the meningitis vaccine. Meningitis is rare. When it strikes, however, its flu-like symptoms make diagnosis difficult. If not treated early, meningitis can lead to swelling of the fluid surrounding the brain and spinal column as well as severe and permanent disabilities, such as hearing loss, brain damage, seizures, limb amputation, and even death. Cases of meningitis among teens and young adults 15 to 24 years of age (the age of most college students) have more than doubled since 1991.

A vaccine is available that protects against four types of the bacteria that cause meningitis in the United States—types A, C, Y, and W-135. These types account for nearly two-thirds of meningitis cases among college students. Vaccines are available from your primary care physician, or visit the CDC Travel Clinic website (www.istm.org) for a list of clinics that have the meningitis vaccine available. Check with your local health department for vaccine availability.

To learn more about meningitis and the vaccine and other immunizations for college students, please feel free to contact our Student Health Office and/or consult your personal physician. You also can find information on the following websites:

New York State Department of Health: www.health.ny.gov/prevention/immunization

Centers for Disease Control and Prevention (CDC): <http://www.cdc.gov/vaccines>

American College Health Association (ACHA): www.acha.org