

**2K Hits** (Monday 2pm) The music will make you go cray-cray fo shizzle! Listen for an hour of music from 2000-2009, featuring the songs you listened to on your very first iPod! Hosted by NCC Student Sarah Albertson.

**Alternative Hour** (Tuesday 8pm, Sunday 4am) A show that focuses on music that isn't branded specifically to a genre or artist, but to an idea: Something an artist attempted that was innovative, original, or different than what gets on to the "Top 40" charts, because that's what they wanted to do as an artist.

**American Hit Radio** (Wednesday 5pm, Friday 5pm) "The show that unravels the music of today while recalling the music of our past." Join host and author Tom Ryan and his wife Heidi as they discuss music issues of the past and present. This interactive show features trivia, opinions, and many special guests resulting in a fun and informative hour of music and talk.

**Beatlesongs** (Friday 8pm) Hosted by NCC alumnus Rob Leonard, "Beatlesongs" takes an all encompassing look at the Beatles - featuring their music together and apart, as well as cover songs, songs the Beatles covered, and songs the Beatles either guested on and/or produced.

**Beyond the Game** (Tuesday 5pm, Friday 3pm) The WHPC sports staff breaks down the latest and greatest in sports. Also, keep an ear out for exclusive interviews and listener phone calls!

**Caribbean Mixed** (Wednesday 7pm) Hosts Kedner Stiven and Marjorie Dejour bring you the hottest Kompa and Caribbean Hits from yesterday and today along with news, events, and more.

**Classic Countdown** (Wednesday 6pm) Take a trip back in time, and listen to the biggest hits of the 60's, 70's and 80's! Zac Turkel plays the top songs of the current week - but not from this year!

**The Country Show** (Friday 9am) Contemporary country music is showcased along with interviews with legendary artists. Hosted by Colton Murray and up-and-coming country star Jeanna Lewis.

**Donuts** (Wednesday 9pm) Donuts is a sonic sovereign for the absolute best of hip hop. Listen for audible delights that are creative, abstract, bass-heavy, and hit just the right spot.

**Essential 80's** (Saturday 2pm) Ron Stevens is BACK - playing the hits of the decade that brought us Madonna and Michael Jackson to Whitney and Prince!

**Everything and Anything** (Friday 6pm) Host Steve Mangiaracina plays the lost hits and misses from the rock era along with the hits from obscure artists and forgotten songs by rock n' roll superstars as well as music from current hitmakers.

**FM Punk** (Thursday 11pm) A radio show dedicated to all different kinds of punk music, including metal-core, hardcore, thrash-core, as well as folk punk and pop punk!

**Free for All** (Sunday 10am) NCC alumnus host Rob Leonard presents a different mix of Rock and Roll - from Chuck Berry to Weezer.

**From the Pressbox** (Monday 9am) Join Award winning sportswriter Tim Leonard & NCC alumnus Rob Leonard (yes, they're brothers) as they discuss sports, media - and sometimes family matters.

**Frontiers** (Monday 10pm) A variety of musical styles are spotlighted in this weekly program. From Blues to Bluegrass, British to Celtic Traditional, Country to Acoustic Folk Rock, host Joe Whalen plays the music and brings you artist interviews.

**Full Irish** (Saturday 11am) Host Gary Power brings you everything Irish: Bono to Sharron Shannon, Chicago to Cork & DC to Dublin! It's Irish Traditional Music & Irish Rock from both sides of the Atlantic.

**German Hit Parade** (Monday 7pm, Saturday 5am) Host Uwe Riggers plays songs and sounds of today and yesterday from the many different parts of Germany and news of interest to the German American Community.

**Good Gold** (Monday 10am) NCC alumnus Ed Newlands plays the hits and the forgotten songs of the 50's, 60's & 70's.

**Happy Hour** (Tuesday 7pm) Host Rudy Breedy provides light-hearted laughs while also uplifting the audience with fun segments, celebrity news/gossip and music blocks that gets everyone dancing and singing along!

**Herbally Yours** (Tuesday 3:30pm, Sunday 10:30pm) Hosted by "The Natural Nurse" Ellen Kamhi, Ph.D., RN, this program focuses on current issues in natural health, such as natural foods, herbs, essential oils and mind-body techniques.

**High Fidelity** (Tuesday 1am, Thursday 2pm) Join Kim Tracy for a mix of music with a focus on newer music and lesser known artists.

**The Home Stretch** (Monday 5pm) Host Andrew Zucker and the WHPC Sports Staff cap off the day with discussions on the hottest sports topics featuring listener phone calls and special guests.

**The Iron Age** (Friday midnight, Saturday 11pm) The Iron Age gives you the best variety of heavy metal there is. Old or new, fast or slow, super heavy or calm and catchy, the Iron Age has your fix.

**It's Saucy!** (Wednesday 10pm) Student host "DJ Stef" transcends the new era of Hip Hop & Reggae with flavor and variety every week! Listen for interviews with students about NCC events, artists talking about their music – PLUS trending topics across social media today.

**Jewish Talk** (Sunday 8:30am) Rabbi Anchelle Perl thinks in Jewish, but speaks in English, featuring the best in Jewish talk and issues affecting the Jewish community.

**Just Relationships** (Monday midnight, Wednesday 3:30pm) Duffy Spencer Ph.D. offers skills to better your relationships with family, friends, and co-workers.

**The Kickstart** (Wednesday 8pm) DJ Rocky C brings the 212 straight to you. Enjoy some of the hottest EDM, House, and Club Mixes and help relieve your stress by putting a smile on your face.

**La Mezcla Latina** (Thursday 7pm) The show that puts the spotlight on Latino artists in Latin Pop, Latin Urban, reggae-ton, bachata, merengue, salsa and more. Focusing on current hits but also throw in some throwbacks! Hosted in "Spanglish" by NCC Student Heneis Vega.

**Law You Should Know** (Wednesday 3pm, Sunday 7am) Learn valuable information about the law from Attorney Kenneth Landau and his expert guests concerning all areas of the law including criminal, wills and real estate - and about your right to sue and what to do if you are sued.

**Lion Tales** (Tuesday 4pm, Monday 12:30am) A show committed to sharing the success stories of distinguished Nassau Community College alumni. Hosted by Aurora Workman, President of the NCC Alumni Association, and Dr. Lynnda Nadien, a proud NCC graduate.

**Lyrical Ladies** (Wednesday 2pm) A show dedicated to women in music within the last 50 years. From Joni Mitchell to Alicia Keys, these women have left their mark. The songs these women have written and performed over the years will forever leave an impact on the music industry.

**Lyrix to Go** (Friday 11pm) Explore the creativity of Hip-Hop music with NCC alumnus host DJ Soulero.

**Metal for the Masses** (Wednesday midnight, Sunday midnight) Join host Rob Brill for a mix of extreme metal music, as well as interviews with bands from the Long Island heavy metal scene.

**Motormouth Radio** (Sunday 12pm) Join the “Motormouths” Ray Guarino and Joe D. for features, information, guest interviews, tech tips, and your call-in questions on all topics relating to automobiles.

**Music For Friends** (Tuesday 11pm, Friday 1am) A wide range of music tastes, giving a platform to bands rarely played on the radio, but are still wildly popular due to online streaming platforms.

**Music Is Therapy** (Thursday 3:30pm, Sunday 6:30am) Music is Therapy, with Registered Music Therapist Larry Carlson, is an attempt to look into music’s effect on human health.

**My Hometown** (Thursday 4pm, Sunday 10pm) We explore clubs, organizations, businesses, and issues in towns across Nassau & Suffolk counties. Weekly interviews with local guests serve to shed light on Long Island towns making a difference. Produced by Jim Green.

**The Nassau Mix** (Monday-Friday various times) The best of the 90’s, 2K and Today! Featuring the hit songs you know, and some deeper album cuts from artists you already love, with a focus on up-and-coming hits-before-they-are-hits! We’re making hits at WHPC!

**The Nassau Morning Madhouse** (Weekdays 7am) Find out what you need to know to start your day the right way. Tune in to find out what’s trending - and maybe laugh a little, too.

**Nerdvana** (Monday 3pm) Join hosts Colton Murray, Justin Greenberg and NCC Student Joe Reiter for a show that will return you to a time when homework was for homeroom and the hardest decision of the day was whether to play a video game, read a comic, or watch a movie.

**Oasis** (Monday 1am, Sunday 9am) Victoria Crosby presents new age, light jazz, and classical music along with poetry readings.

**Old Country Road** (Monday 11pm, Sunday 8pm) Classic country music is showcased along with interviews with legendary artists. Hosted by alumnus Michael Anthony.

**Our Voices** (Sunday 8am, 11:30pm) Host Natasha Nurse, Owner & Co-Founder of Dressing Room 8, Co-Host of WokeNFree, Lifestyle Editor of Plus Model Magazine and Adjunct Professor at Nassau Community College, highlights the amazing and dynamic work of change agents. Natasha interviews business owners, coaches, innovators, and thought leaders in various industries who are eager to educate, inspire, and motivate you.

**The Party Mix** (Saturday 4pm) Get the night started with host Stephanie Lombardo and a mix of feel good tunes, ranging from hip hop, techno, dance classics and current hits.

**Piano Man** (Sunday 3pm) Where else but Long Island would you find a radio show devoted to the music of Long Island's own Billy Joel? Host Chris Muldoon digs deep into Billy's catalog to include live performances, interviews, demos and covers. If you love The Piano Man, you'll love "Piano Man."

**Polka Beat** (Monday 8pm, Saturday 6am) "Polka Bob" features all styles of Polka music and additional music of Ukrainian, Slovenian and Polish influence as well as news of the ethnic community.

**Profumi D'Italia** (Thursday 5pm, Saturday 3am) Rita Monte brings you the best in Italian music and culture along with poetry and interviews with Italian - American personalities. Rita is happy to take your phone calls and requests on this live weekly program.

**Radio Rumble** (Saturday noon, Sunday 2am) With a vast knowledge of pop culture and a unique sense of humor, NCC alumnus host Justin Greenberg brings you a show unlike any other. Playing everything from classic rock hits from the 1950's all the way to today's superstars.

**The Rare Groove Session** (Saturday 1am) Take a mind excursion into soul music. DJ Soulero will cover the artists of the 60's and 70's with an accent on rock.

**The Retro Mix** (Monday noon) Host Colton Murray hosts the original version of what was once WHPC's flagship show, with hits from the 60s, 70s and 80s.

**Revelations** (Monday 6pm) Steve K. hosts this theme-oriented show with an emphasis on rare tracks & hidden gems from the genres of rock, blues, soul, folk and jazz.

**Rising Stars** (Monday 9pm) Rick Eberle plays the best in independent emerging artists music from Long Island, New York - and the world!

**Ritmo Latino** (Thursday 8pm) A one-of-a-kind latin mix show, featuring the newest latin urban mix, focused on the young heritage Spanish speaker. Mixed by NCC Student DJ Jay Anthony. Salsa, Bachata, Merengue, Reggaeton, and a little of hip hop, house, EDM, R&B and throwbacks!

**Rock Binge** (Tuesday 10pm) Rock & alternative music from 2000 to today lives here. Binge on!

**Rock Overdose** (Tuesday 2pm) You can never truly overdose on rock music - and our hosts prove it.

**Sabor Latino** (Saturday 10am) Hosted in Spanish, listen for the latest in Salsa, Merengue, Cumbias, Bachatas, Regueton and Romantic Music.

**Secrets of Success** (Wednesday 4pm, Sunday 7:30am) Host Bill Horan helps you uncover hidden talents to maximize individual success.

**Shades of Jazz** (Saturday 7pm) Host Greg Bigelow presents a cool and sophisticated blend of rare grooves, familiar classics, and the best of today's modern jazz artists.

**The Sly Stone Show** (Sunday 4pm) Explore the music of funk icon Sly Stone as NCC alumnus DJ Soulero spins Sly's musical contributions as well as showcasing his influence on contemporary music through the artists and groups who continue to cover his songs and sample his music.

**The Sock Hop** (Sunday 5pm) Host Steve Dassa plays The Duprees, Randy & the Rainbows, The Platters, and other music from the early days of rock n' roll, along with information about the songs and the artists that made them famous.

**Soul of Hellas** (Tuesday 6pm) Host Teddy Savalas plays a variety of Greek music from the traditional to the contemporary.

**The Spectacular 60's** (Sunday 7pm) Take a weekly trip through the decade of the 60's with NCC alumnus Joe Lane.

**Sports Talk** (Thursday 9pm) Host Chris Muldoon, Mark Talky, KJ Brooks & the WHPC Sports Staff talk anything and everything in the world of sports. The show features guests from the world of sports journalism and listener calls are always welcome.

**The Squared Circle** (Monday 4pm) Host Justin Greenberg recaps the week that was in the WWE, and previews upcoming matches. Plus, listen for a spotlight on independent shows coming to Long Island.

**The Stage Door** (Friday 11am) Step inside the door for show-tunes, movie soundtracks and scores, as well as TV theme songs.

**Standards Serenade** (Saturday 5pm) Join host Glenn DeMilt for two nostalgic hours of great songs performed by the great stars. From Bennett to Buble and Sinatra to Streisand, you'll hear them all each week.

**The Super 70's** (Saturday 7am) Ron Stevens is back, taking a trip back in time to the music and fads of the Super 70's.

**This Week's L.I. News** (Friday 4pm) Join Bill McIntyre for a look at the stories shaping the Long Island community over the past week. Listen as Newsday reporters talk about the stories they bring us in print and online every day.

**Thunder Road** (Sunday 1pm) Not your ordinary Springsteen show! Join Kim Tracy as she plays anything written, produced, or performed by Bruce Springsteen or a member of the E - STREET - BAND!

**Tower Talk Business Radio** (Thursday 3pm, Sunday 11pm) Tower Talk highlights the best of Long Island by providing "all access" interviews with the NCC Foundation Business Leaders Council, top entrepreneurs, and local business owners who will discuss a range of topics that impact both owners and executives alike.

**The Unforgettables** (Thursday midnight, Saturday 9pm) Host Michael Anthony presents two hours of jazz and standards with artist profiles and guests who make the music happen.

**The Wave** (Friday 2pm) Inspired by the New Wave period of music, listen for classic alternative from 1975-1999. U2, The Thompson Twins, B-52's, Billy Idol & more are all catching The Wave!

**WHPC News Wrap-Up** (Tuesday – Friday 4:30pm) Keep in touch with what is going on around the world and around the block with the WHPC daily News Wrap Up.

**Your Family's Health** (Tuesday 3pm, Sunday 6am) Professor Jeanine Cook-Gerard from the NCC Nursing Department discusses health issues concerning us all.