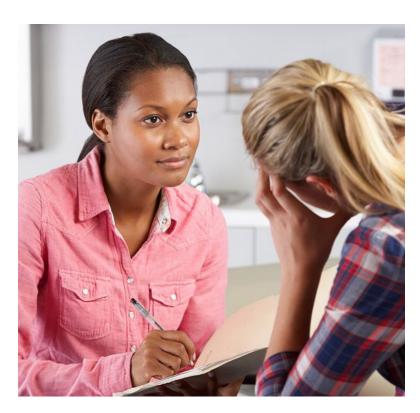
### Nassau Community College

## Make the **smart** choice for your future. **EARN A MENTAL HEALTH FIRST AID CERTIFICATION**



According to the Anxiety and Depression Association of America (ADAA), depression is the leading cause of disability in the United States, affecting more than 16.1 million adults, 18 years or older. Mental Health First Aid (MHFA) training teaches you how to identify signs of mental health distress or substance use issues. It will help you understand people's challenges or crises, and show you how to respond effectively, and provide assistance until professional treatment is obtained.

People who provide Mental Health First Aid want to make their communities healthier, happier and safer for all. The following professionals should consider becoming certified:

- Educators/School Administrators
- Human Resources Professionals
- Members of Faith Communities
- Homeless Shelter Workers
- Nurses/Physician Assistants/Primary Care Workers
- Police/First Responders/Security Personnel
- Mental Health Authorities
- Policymakers
- Substance Abuse Professionals
- Social Workers

#### **Course Information**

Students will be taught how to help others with mental health and/or substance abuse emergencies. Those who successfully complete the course will possess the important tools needed to identify and respond to signs of addictions and mental illnesses. They will also be taught a five-step action plan to help people who may be developing a problem or are already in a crisis. Assessing people's risk of harm or suicide, listening nonjudgmentally, giving reassurance and information, encouraging appropriate professional help, and encouraging self-help and other supporting strategies are an essential part of this course.

Each student will receive the course textbook, Mental Health First Aid.

#### Certification

Students who successfully complete the course will receive a Mental Health First Aid Certification. This credential will improve a student's ability to provide support to someone experiencing a mental health crisis and increase her/his employability in their field of interest.

CE1 267 ON-CAMPUS COURSE Fee: \$145

Follow us on Instagram and Facebook @nassaucommunitycollege

(Rev. 1/24)



## **Workforce Development Registration Form**



#### **SPECIAL NOTE:**

Receipt of your registration information ensures a seat in the course(s) you select on a space available basis.

#### PLEASE REGISTER EARLY!

We will send you a receipt with the course location map and a **parking pass** (for student/visitor parking only) by email.

If you have any questions, call 516.572.7487 or e-mail: cwd@ncc.edu

# HOW TO REGISTER FOR NON-CREDIT COURSES

#### **EMAIL-IN**

CWD@ncc.edu

#### MAIL-IN

#### **Nassau Community College**

Center for Workforce Development One Education Drive Garden City, NY 11530-6793

☐ Website

☐ Email

Other:

☐ Facebook/Instagram

☐ Google

#### **WALK-IN**

356 East Road (on NCC Campus)

Last Name	First Name
Address	
City	Zip
Home Phone: ( )	*Cell Phone: ( )
*Birthdate: mm/dd/yyyy/_	/ I identify my gender as:
Have you ever taken any courses a	at NCC? ☐ Yes ☐ No NCC ID# N00
*Preferred E-mail:	
Alternate E-mail:	
	*required information
	COURSE SELECTION TO REGISTER WITH THE EXCEPTION OF HSE PREP COURSES.
CED # SECTION	COURSE TITLE START DATE FEE
	Total Amount: \$
shown on this Registration For	credit amount on the card listed below to cover the fee charges m. Otherwise, I understand the lack of approval by my credit cellation of this registration for non-payment.
CREDIT	CARD PAYMENT INSTRUCTIONS:
	t card account for full payment of the amount of my course s non-credit registration application.
Credit Card Processing Fee of 2 NCC portal.	2.75% applies ONLY if a student pays online through the
<b>Step 1</b> : Print Cardholder's name:_ (as it appears on the credit card)	
Step 2: Provide Cardholder's sign	nature:
Step 3: Card Information: PLEASE Check ONE:  VISA	☐ Mastercard ☐ Discover ☐ American Express
Card Number:	Date of Expiration:/
HOW DID YOU HEAR ABOUT OUR  Brochure/Mail Family/Fri	a course is differently the consigning a program

Development (CWD), a refund request must be

received in writing at least seven (7) days prior

to the start of the course to be honored by CWD. Please be advised that if a refund is due, it will take

approximately 2-3 weeks to be processed.